



CAPE FREELS HIKING TRAIL LEGEND.

1. Trail Start
2. Cape Freels Storyboard
3. Cape Freels Beach
4. Cape Island Cemetery
5. Cape Island Lookout
6. Back Beach
7. Cape Islands Cemetery
8. Owl Hill Lookout
9. Back to Cape Freels Beach
10. Southern Bill Lookout
11. Southern Bill Storyboards
12. Caplin Cove
13. Cape Freels South Cemetery

WELCOME TO THE CAPE FREELS HIKING TRAIL



DISTANCE
9.5 KM



DIFFICULTY
MODERATE

ROAD

TRAIL

EXIT POINTS

This easy to moderate 9.5 km hike, starts at the parking lot and follows along Cape Pond, crosses a brook to Cape Island beach, and completes a circle. You'll find boardwalks, gravel, beach sand, and three lookouts along the way.

There are two old graveyards from the now abandoned settlement of Cape Island which is an archaeological site. There's lots of bird watching opportunities, whales, icebergs, fishing boats, and even seals at certain times of the year.

